"Should I take the Harmony Prenatal Test if I’m under 35?"

The Harmony Prenatal Test measures a woman’s risk of carrying a baby with chromosomal conditions such as Trisomies 21, 18 and 13. If your test indicates a high probability result, talk with your healthcare provider about what further diagnostic testing is needed to confirm the result. The Harmony Prenatal Test was developed by Ariosa Diagnostics, a laboratory certified by the federal government to perform highly complex tests. This test is a lab-developed test and has not been reviewed or approved by the FDA.

harmonytestusa.com

ANSWERS to Patient Frequently Asked Questions

HARMONY PRENATAL TEST is a DNA-based blood screening test that evaluates the risk of Down syndrome.
ANSWERS to Patient Frequently Asked Questions

What is the Harmony® Prenatal Test?
The Harmony Prenatal Test is a type of non-invasive prenatal test (NIPT). The Harmony Prenatal Test works by taking a sample of blood from your arm, and tests the baby’s DNA found in your blood. The test can tell if there is a high or low chance for the common chromosomal conditions: Down syndrome (trisomy 21), trisomy 18 and trisomy 13. It can also tell the chance of having an extra or missing sex chromosome (X or Y), and the sex of your baby.

How accurate is the Harmony Prenatal Test?
Because this is a DNA test, the accuracy is high. It’s important to remember the test can only tell you the chance of the condition; it does not confirm if the baby has the chromosomal condition.
The Harmony Prenatal Test correctly identifies more than 99%1 of pregnancies with Down syndrome. By comparison, traditional blood tests can miss as many as 1 in 52 of pregnancies with Down syndrome. Harmony is also less likely than traditional tests to give you a false-positive result (false alarm), that can cause worry and have you considering follow-up invasive testing, such as amniocentesis.

When can I have the Harmony Prenatal Test?
The Harmony Test can be done any time after 10 weeks and up to the end of your pregnancy.

How do I interpret my Harmony results?
A low-probability result indicates your baby is unlikely to be affected by any of the conditions tested. It does not eliminate the chance, and it’s important to remember the Harmony Prenatal Test does not screen for all genetic conditions.
A high-probability result indicates an increased chance for your baby to have the condition. The chance for the condition depends on several factors that your healthcare provider will discuss with you. You may be offered follow-up testing, such as amniocentesis or CVS (chorionic villus sampling), to have a more definitive answer whether the baby has the chromosomal condition.

Should I take the Harmony Prenatal Test if I am under 35?
Yes, the Harmony Prenatal Test can be done regardless of your age. The test has proven accuracy for women both under and over 35 years of age. The chance to have a baby with Down syndrome increases with the mother’s age; however, most women who deliver a baby with Down syndrome are young and under age 35.3

How long does the Harmony Prenatal Test take?
Generally, your healthcare provider will receive results in seven days or less.
In a small number of cases you may not receive a result, your provider will discuss your options regarding appropriate next steps. Majority of patients will receive a result.

How much does Harmony Prenatal Test cost?
Harmony is covered by many insurance plans. Please call the Harmony Care Specialists to understand your cost and coverage for the Harmony Prenatal Test, 1-855-927-4672 option 1. This line is open Monday through Friday from 9am to 7pm EST.

I have another question that is not answered here. Who do I ask?
For questions that relate to testing and personal concerns, it’s best to talk to your healthcare provider. If you have other questions about the cost of the Harmony Test, you can speak to one of our Harmony Care Specialists.

Call 1-855-927-4672 to speak with a Harmony Care Specialist.